

Diabetes Packing Checklist

Are you going out of town? Travel with confidence, using our comprehensive diabetic supplies checklist to ensure you have everything you need to manage your health on the go. **Stay prepared and enjoy your trip worry-free.**

- ☐ Insulin pens & vials
- ☐ Extra insulin (yes, you will need backup!)
- ☐ Pump Supplies (infusion set, batteries, cartridge/pods)
- ☐ Long acting insulin in case, the pump fails
- ☐ CGM sensors/transmitters/receiver
- ☐ Blood glucose meter
- ☐ Glucotabs, Glucojuice, or any fast-acting carbs
- ☐ Snacks for post hypo carbs
- ☐ Alcohol wipes
- ☐ Glucagon
- ☐ Charging cable
- ☐ Doctor's letter, Medical ID, & medical device card
- ☐ Portable sharps container
- ☐ Insulin cooling pouch

